

LUGPA Celebrates Women’s Health

Chicago, IL, May 1, 2023 – During Women’s Health Month in May, LUGPA is raising awareness of the importance of women’s urologic health. Most conditions that urologists treat occur in both men and women. Consequently, urologists play a critical role in treating and preventing many health concerns, including conditions that can have a greater impact on women.

Women are up to 30 times more likely to acquire a urinary tract infection (UTI), or bladder infection, than men. This likelihood also puts women at an increased risk for kidney infections, which can become dangerous if left untreated. Additionally, urinary incontinence, meaning the loss of bladder control, affects twice as many women as men due to the effects of pregnancy, childbirth and menopause.

Urologists also treat pelvic organ prolapse, which involves one or more of the pelvic organs slipping down in the body, a common condition in women that is linked to childbirth or aging. Additionally, urologists often treat issues related to women’s sexual health, including symptoms associated with pain and dryness. These symptoms can be related to genitourinary syndrome of menopause, which may affect up to half of postmenopausal women and often does not improve without treatment.

Urologists can provide women with information about their urologic health and how to prevent and identify the early signs of urinary, bladder and kidney issues. Urology practices offer a variety of services for women, such as treatment for recurrent UTIs, urinary incontinence and pelvic floor rehabilitation.

“Urologic health is an essential and often overlooked component of women’s health,” said Evan Goldfischer, M.D., president of LUGPA. “Urologists play a critical role in improving women’s health, and we want to ensure that women understand their risk for certain urologic issues and how we, as urologists, can help them achieve their best state of health and wellbeing.”

This Women’s Health Month, LUGPA encourages women to speak with a urologist about their urologic health. LUGPA represents over 150 independent urology practices across the country that help prevent and treat women’s urologic issues. To learn more, visit www.lugpa.org

About LUGPA

LUGPA is the only nonprofit urology trade association in the US. Since its founding in 2008, LUGPA has earned national recognition in the pursuit of its mission to preserve and advance the independent practice of urology while demonstrating quality and value to patients, vendors, third-party payors, legislators and regulatory agencies. The robust resources LUGPA provides help member groups to meet the challenges of independent practice in today’s rapidly changing healthcare marketplace. For more information, visit www.lugpa.org

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